



July 2026



SAPHC - We Party with a Purpose!



**Next Happy Hour is
Thursday, July 16th, 2026
Wetmore Beach House
12329 Wetmore Road
San Antonio, TX 78247**



President's Letter to the Phlock/1



HOWDY YA'LL! ...Well the Spurs didn't win the NBA Finals, but they tried their best and will try again next year!! GO SPURS GO!!

Hope everyone had a Fabulous 4th of July Weekend! On June 5th we headed down to North Padre Island's "Washed up on a Beach" event. We had a fabulous time hanging out on the Beach Friday evening with one of my favorite Trop Rock musicians Stoney Gabel!! Kicked off Saturday with Bloody Mary Gerry's famous Bloody Mary's on the beach and more beach phun! Then headed over to Hard Knocks for more FABULOUS music by REBEL RAILROAD! Keeping the Party Going!!

June 10th, I hopped on a plane and headed to San Fernandino Beach, Florida for a few days of sun and fun for the 30th A1A Beach Bash. It was a fabulous time hanging with new and old phriends at the pool, the drinks were flowing and music line up was one of the best ever!! If you haven't been able to attend this event, you need to add it to your bucket list!!

JUNE HH was June 18th at Wetmore Beach House! Our Raffle charity was Project Cool! Diane Elliott and Debbie McNeil donated some wonderful 250th red, white and blue items that brought over \$400 to purchase more fans for Project Cool. Thanks ladies!! We also collected 27 fans which have already been delivered to the Fire Station by Cooler Dave. Thanks so much to everyone that came out and donated! Congratulations to all the winners!

On June 20th a few of us headed down to the SA Food Bank for our Quarterly Workday! We also presented a check for \$1000.00 from money raised at Survive. Please mark your calendar when these volunteer opportunities arise and try to show up and help as the attendance numbers have been dropping! Please help us Party with a Purpose!!



President's Letter to the Phlock/2

PLEASE MARK YOUR CALENDARS AS THE NEXT HH WILL BE JULY 16TH W/MUSIC BY DAVE FREEMAN! ALSO, OUR NEXT HIGHWAY CLEANUP DAY IS AUGUST 15TH !

There are a lot of fabulous events out there all over the US and Internationally! You need to add some of them to your bucket list!! You will not be disappointed! Life is short and you need to live it!

Please keep your membership current and tell your phriends about us! We are looking for ways to boost membership? Please check out our calendar as there are a lot of great events in 2026!!

Phins up! Bubbles Up!
Lori Parker-SAPHC President





JUNE HAPPY HOUR





Happy Hour July 16th, 2026

Come join us for great phriendship, music and phun!!

WHAT: SAPHC Happy Hour

WHEN: 16 July, Thursday, 6:00PM - 9 PM

WHERE: Wetmore Beach House

12329 Wetmore Rd, San Antonio, TX

Come join us for great phriendship, music and phun!! Our musician will be Dave Freeman from Florida

We will be collecting school supplies for the NEISD McKinney Vento Project, as we have done for the past few years.

Here is the list of what is needed:

2 Pencils

Highlighters

Large Pink Eraser

Elmer's White Glue, 8 oz.

Glue Sticks (2-pk.) 200 ct.

Wide-ruled Notebook Paper

Protractor

12 ct. Colored Pencils

Red Pencils

16 ct. Crayola crayons

Red Pens

12" Standard/ Metric Ruler

Set Dividers with 8 Tabs

24 ct. Crayola crayons

Spiral Composition Books (70 count)

5" Blunt Fiskar Scissors

5" Blunt Fiskar Scissors

Watercolor Paints 8 ct.

Wide-ruled Composition Book (70 page)

9"x 12" Assorted Construction Paper

Zipper Supply Pouch

Non-Scented Baby Wipes

Blue or Black Ballpoint Pens (Pkg. 10)

Plastic Supply Box 9" X 6" X 2"

Boxes of 200 count Non-Scented

Kleenex

Pocket Folders w/ Brads-different colors

Crayola Classic Broad-tip Washable Markers

Protractor

2" 3-Ring Binder (No Trapper Keeper)

200 ct. Wide-ruled Notebook Paper

Back Packs





Happy Hour July 16th, 2026

We will continue to collecting 20 inch box fans for PROJECT COOL.



We also have a great raffle and a 50/50 raffle.
\$5 per ticket or 5 tickets for \$20.



We'll continue collecting toiletries for Soldiers Angels. We'll be taking these at any Happy Hour so start your collection now. In addition, if you have **blankets or towels** you'd like to get rid of, we're collecting those at each of our Happy Hours **Wildlife Rescue & Rehabilitation Center**.



We will have a Sign In/Membership Table set up to pick up your badges, renew membership, etc. Please keep your membership up to date. We'd like to get two volunteers for a 6-7 and 7-8 shift to assist with the Table.



WINDY CINDY'S JULY BLOG/1

In June I experienced a first! I went to my first true music festival. This is the kind of festival where you listen to music from 1 PM to 11 PM in the hot sun with port-a-potties, food truck food and sit on blankets. It was soooooo much fun! We attended the Railbird Music Festival in Lexington, Kentucky. There were boots, cowboy hats, and starched jeans, galore. My favorites were Robert Earl Keene, Margo Price, The Lumineers, Ella Langley and Tyler Childers. The festival had 3 stages that had staggered start times so you could basically hear everybody but maybe not their entire set. The stages were set up on the infield of a horse racetrack.

I was pleasantly surprised that I endured the heat. The high was around 90 degrees and this was made bearable by some shady spots where you could get out of the direct sun for a spell plus adult beverages and lots of water, sun-screen and hats. They had stations where you could refill your water bottles. The food was really great, too. We had spring rolls, pizza, gyros and of course, brisket mac-n-cheese. Another wonderful surprise, AND the port-a-potties were flushable. I even managed to sit on the blanket for hours with no problem.

The only hiccup was getting home after the concert was over. You could order an Uber but the traffic was so congested it took hours for the Uber to get to you so we ended up walking half the way back to our hotel, a 5 mile walk, and then my son ran the rest of the way and got the car to come back and pick us up. Not ideal! The next day we thought we were smarter. We drove and parked about a mile away. I even had a picture of the street signs where our car was parked. BUT my husband, son and daughter didn't pay attention to my valuable information and turned left instead of right like I told them. It was nighttime so I started doubting myself. 4 miles later we made it to our car. Even with the hiccup, I would go again.

We are looking for another festival to attend. The Newport Folk Music Festival is on my bucket list.

"Where words fail, music speaks." Hans Christian Andersen

*Bubbles Up!
Windy Cindy*



WINDY CINDY'S JULY BLOG/2





KOFFEE AND KOLACHES WITH KITTY STEADMAN

SATURDAY, AUGUST 1, 2026

DOORS AT 11:30 AM

MUSIC TO FOLLOW

KOFFEE, KOLACHES AND BRUNCH-STYLE ITEMS SERVED WITH ICED TEA!! (Oops – Coffee available also!)

Please bring:

- \$25 per person suggested CASH donation (100% to artist)
- Your personal beverages
- Food item to share
- Food bank donation (optional)

We will have chairs. This will be inside and space is limited. If you have been to one of our night shows with Eric Erdman, the setup will be very similar.

If interested, please RSVP here:

<https://koffeeandkolacheswithkitt.rsvpify.com>

If you do not receive a confirmation email, you ARE NOT registered. Thanks.

Check out Kitty's latest music at <https://kittysteadmanmusic.com/>

Questions? Lakeside Lanai Facebook Page or lakesidelanai.com

SAVE THE DATES: **Monday, September 7, LABOR DAY AT THE RIVER PARK with Carrie Welling**
 Saturday, November 14, Sunny Jim White





SAPHC Happenings

16 July SAPHC Happy Hour- **Dave Freeman**

26-26 July Riddles in the Sand Galveston Bay PHC

1 August Lakeside Lanai "Koffee and Kolaches" with Kitty Steadman

20 August Happy Hour

7 September Lakeside Lanai LABOR DAY AT THE RIVER PARK with Carrie Welling

10-13 September Canyon Lake Phlip Phlop Phloat and Phling

17 September Happy Hour

Membership Update - July 1st, 2026

Number of Current Members as of July 1 – 192

A decrease of 12 since the June 1st Membership Report

Number of members renewed in June: 9

Number of outstanding renewals for June: 12

Number of new members: 0

Members at the June SAPHC Happy Hour: 58

Our Director of Membership Deborah Kit

Thank you Deborah for all of your hard work!





Marisela's and Luis' Drink of the Month

Paloma Cocktail

INGREDIENTS:

1 pinch salt I like to use flaky salt or
kosher salt
2.5 ounces Tequila
Squirt or another type of Mexican
Grapefruit Soda
½ lime



INSTRUCTIONS:

Fill a Collins glass with ice and add a pinch of flaky salt.
Squeeze half a lime over the salted ice and add tequila on
top.

Fill the rest of the glass with Squirt
and add the squeezed lime back on
top.

Serve immediately.

“People who think too much before they act
don't act too much.” – Jimmy Buffett





Who We Support

Adopt-a-Highway
Alzheimer's Association
Big Love Cancer Cares
Elf Louise Project
NEISD McKinney Vento
Project Cool
Ronald McDonald House
San Antonio Food Bank
SAMM'S
Soldier's Angels
Wildlife Rescue and Recovery

Who Supports Us

Troy Realtors
Wetmore Beach House
Margaritaville Foods
Beachgate Hotel and Condos
Lakeside Lanai
Sue and Charlie Roberts



Hello Parrot Heads!
We make buying or
selling real estate
like a day at the
beach! And who
couldn't use that!

Please support all of our sponsors. However, please do not solicit new sponsor support or contact any current sponsor directly for contributions to the club without prior approval from the Board of Directors.

**JULY**

Garner	Carol
Cobb	Doug
Cobb	Kathy
Postell	Debi
Humble	Leonard F
Perrin	Ryan
Carleston	John
Miller	Cristina
Clark	Vania

AUGUST

Guerrero	Sara
Cook	Jill
Martinez	Art
Elliott	Diane
Prevou	Karen)
Mather	David
Graves	Don
Graves	Elaine
Ruckman	Paul C.
Winters	Greg
Ahern	John
Trimble	Sandi
Barber	Ryan
Alexander	Kathy
Alexander	Cliff

Members who need to renew now can do so online by going to the club membership page at <https://www.saphc.org/membership> and filling out the online form. You can then pay online by credit card by following the link to the Club Square store. You also have the options of printing a form and mailing it in with a check, or by signing up in person at a Happy Hour meeting with Membership Director Diane Elliot.

**HAPPY BIRTHDAY!!!!****JULY/AUGUST BIRTHDAYS*****JULY******AUGUST***

Cooper	Melanie	1	Snyder	Donna	1
Cervantes	Debbie	8	Winters	Greg	7
Busch	Tammy	10	Smith	Bill	12
Blount	Chris	13	Willis	Paul	16
Daniels	Justin	17	Graves	Elaine	17
Albers	Wendy	19	Blankinship	Kathleen	18
Schuk	Linda	19	Turner	Connie	18
Carey	Ramona	21	Alexander	Kathy	21
Sitterle	Scott	21	Leesman	Phyllis	21
Cobb	Doug	22	Maki	Richard	23
Green	Randy	22	Elliott	Diane	25
Arnold	Gary	23	Shaw	Parrot Pete	26
McHugh	Mike	24	Sommers	Kristy	29
Nutt	Rosalind	24	Cobb	Kathy	30
Green	Sherry	25	Enriquez	Alex	31
Guinn	Sheree	25			





SAPHC Contacts

President: Lori Parker

Vice President: Mani Andrade

Secretary: Babs Lampis

Treasurer: Dee Troy

Director of Membership: Deborah Kitkowski

Director of Sponsor Support: Dave Spenny

Director of Communications: Sally Spenny

Newsletter Editor: Sharon Varela

Website Manager: Sally Spenny

Music Series Director: Karen Mather

Adopt-a-Highway: Doc Blanchard

Elf Louise Project: Doc Blanchard/The Arnolds

Director of Promotions: David Spenny

SA Municipal Ministries: Cindy Shoffstall

SA Food Bank: Scott McBrearty

Annual Coat Drive: Carol Garner

SAPHC Elections Officer:

Founder: Garrett Van Delden

PHIP South Region Calendar
www.localendar.com/public/PHIPSouthRegion

Parrot Heads in Paradise
<http://www.phip.com/Index.asp>

Please visit our web site at www.saphc.org
and click on the club "Contact" page to
send messages to the Contacts above.

Newsletter Editor: Sharon Varela

Thanks to all that contributed to this edition of the newsletter. Articles for consideration must be submitted on the 5th of each month of publication. Information contained in this publication is intended for SAPHC membership. SAPHC reserves the right of refusal to print any article. Consideration for article submission, Contact:
Sharon Perkins at newslettersaphc@gmail.com

Newsletter Photographer: Lori Parker